

Rapid Transport & Hospital Notification

Goals

- Support airway & breathing, control hemorrhage and maintain perfusion
- Identify and treat life-threatening injuries
- Minimize further injury through effective immobilization of possible fractures
- Adequate pain management

Consider c-spine immobilization

Oxygen to keep SpO₂ at 100%

Control external bleeding & administer fluid to maintain blood pressure ~100mmHg (~120mmHg if neuro trauma is suspected)

Consider needle decompression and/or 3 sided dressing

Consider TXA (1g mixed in 100mL normal saline run over 10 minutes IV)

Consider pelvic/femur stabilization

Stabilize penetrating objects *in situ*

Consider analgesia

Tips

- Respect the mechanism of injury even if injuries are not obvious
- Determine and document the actual time of injury
- Consider Trauma Team or LifeFlight activation early
- Activate massive transfusion protocol if available